



to a \$20.00 processing fee.  
No refunds after April 1, 2010.  
Full refund if the workshop is cancelled.  
Please include e-mail address for any updates or confirmation.

**Please Post or Pass on to a Colleague**



Lots of door prizes including:  
A special drawing for new IDAPT members Members



Paris Goodyear-Brown, LCSW, RPT-S

April 15 and 16, 2010

9:00 – 4:00

New Heights Fellowship

BOISE, ID

**Treating Attachment Disorders and Anxiety Disorders through Prescriptive Play Therapy\_**

**April 15 & 16, 2010**

**Date and Location**

April 15 and 16, 2010; New Heights

9950 W Ustick Rd

Boise, ID 83704-5273

(208) 484-3359 or (208) 860-0790

Info. & Reg.

**Continuing Education**

IDAPT is approved by the Association for Play Therapy to offer continuing education specific to play therapy (APT Provider #05-167).

12 CE hours are available for Social Workers, Counselors, and MFTs.

**Conference Schedule**

8:30am Check-in

9:00am Program Begins

10:45am Break

12:00-1pm Lunch Provided

2:45pm Break

4:00pm Program Ends

*If you have any special needs –  
Please, contact us ahead of time.*

**ABSTRACT**

**Play Therapy for Attachment**

**Disorders**—The recent interface between attachment literature and neurobiology will form the scaffolding on which dozens of play-based attachment interventions will be built. Participants will leave with a clear understanding of what healthy attachment looks like and how it can be fostered in troubled families through play therapy. Interventions aimed at shifts in the parental units and in the dyad will be shown. Many video clips will augment the learning process.

## **Play Therapy for Anxiety Disorders**

Participants will leave this workshop with solid theoretical underpinnings for anxiety treatment with children as well as dozens of replicable techniques. Treatment goals for all forms of anxiety will be broken down into specific evidence-informed play therapy interventions. Treatment for specific disorders such as PTSD, OCD, Separation Anxiety, Selective Mutism and Generalized Anxiety Disorder, will be covered through case examples, children's play productions, and video tape vignettes. Didactic training will be augmented by experiential learning, so come prepared to play!

At the close of this two day workshop, participants will be able to: articulate the components of a play-based model of treatment for families dealing with attachment disturbances, describe several dimensions of psychoeducation that can better equip the caregivers of attachment disturbed children, list the set of strategies associated with the acronym SOOTHE, describe two separate assessment tools that can be used to help shape treatment with this population, list 10 clinically sound nurturing dyadic activities that can be facilitated by a prescriptive play therapist in the office, explain the link between anxiety and avoidance, describe one play-based metaphor for helping children understand why anxiety works, articulate one method for helping children externalize anxiety, list five play therapy interventions that aid in stress inoculation, and list three play therapy interventions that counter cognitive distortions.

### **Meet the Presenter**

Paris Goodyear-Brown is a Licensed Clinical Social Worker and a Registered Play Therapist- Supervisor with 15 years of clinical practice with troubled children and their families. She received her undergraduate degree from Duke University and received her MSW from the University of Tennessee. She pioneered the first play therapy program for the Therapeutic Preschool Program at Dede Wallace Center before joining Vanderbilt University Medical Center's Child and Adolescent Psychiatric Outpatient Clinic. She currently sees children of all ages in private practice and serves as adjunct faculty and guest lecturer for Vanderbilt University and Trevecca Nazarene University. She recently won the award for Public Education and Promotion, given by the Association for Play Therapy. Paris has an international reputation as a dynamic, original speaker. She is also the author of several books, chapters and articles on play therapy. Her most recent work is entitled Play Therapy with Traumatized Children: A Prescriptive Approach.

Check out our website

[idahoplaytherapy.org](http://idahoplaytherapy.org)

Parking: Free Parking in the available parking lot.